

# 2016 Provincial Annual Meeting

save  
the date!

Date: **Saturday, April 23, 2016**

Format: One day Annual Meeting

Location: LIUNA Station

an elegant, one of a kind, historical venue  
360 James Street North Hamilton

Theme: **"Make it Happen"**



## IODE Ontario

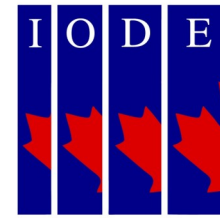
45 Frid Street, Unit 9  
Hamilton, ON L8P 4M3  
Phone: (905) 522-9537  
Fax: (905) 522-3637

[iodeontario@bellnet.ca](mailto:iodeontario@bellnet.ca)

[www.iodeontario.ca](http://www.iodeontario.ca)

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*IODE Canada is a national women's charitable organization dedicated to enhancing the quality of life for individuals, through education support, community services and citizenship programs.*



# IODE Ontario

## Since 1920

*IODE...women dedicated to a better Canada*

New

Vol.1 No.1

## 2015 Fall Newsletter



### Message from President Renate Schuetz

This year, IODE Ontario is celebrating its 95<sup>th</sup> Anniversary. We are inspired by our strong roots and plan to continue building on these foundations by planning to mark our 100 years of IODE service in 2020.

We are continuing to build on our rich history with a contemporary look. This IODE Ontario Newsletter is replacing the Secretary's Newsletter and the former chapter mailings. Instead, our Provincial Officers have each written a column. We are trying to make it more interesting and appealing. Your feedback would be appreciated. If you prefer to receive future Newsletters via email, let us know [iodeontario@bellnet.ca](mailto:iodeontario@bellnet.ca). The Newsletter will also be available online at [www.iodeontario.ca](http://www.iodeontario.ca).

**The Nomination Forms for Provincial Councillors** are included in this mailing. It is an interesting experience to learn about the work done at the Provincial Chapter. Based on knowledge and experience, a councillor is expected to give due consideration to matters brought before the Provincial Executive Committee, to express opinions and to participate in making decisions which will best serve the general membership of IODE. Councillors represent the membership from her district at the Provincial Chapter.

In previous years, **Annual Meeting Minutes** have been sent to all chapters in the Fall mailing. In an effort to reduce our carbon footprint and be cost effective, we have changed our process this year. The minutes can be downloaded from the IODE Ontario website. If your chapter would prefer to

### In this Issue...

#### Enclosures:

- ◆ **Primary Chapter Nomination Form for Provincial Councillors**
- ◆ **Remittance Form for Municipal chapters**
- ◆ **Remittance Form for Primary chapters under Provincial jurisdiction**
- ◆ **Communications / Public Relations Brochure**

Your chapter has already received the nomination form for **National Councillors**. The return by date should be **1 November 2015**.

Please return the **signed nomination forms to the Provincial office** and ensure your nominees are willing to stand for election. Even if the chapter doesn't nominate anyone, we ask that you return the signed Provincial and National Councillor forms.

have a printed copy, please contact the office to request one and it will be mailed to you.

The last couple of years the Provincial Officers and Past Provincial President Karen Barker criss-crossed the province holding **Townhall meetings**. Again this year we are planning Townhall Meetings. Our first meeting was in Oakville with chapters in the surrounding area receiving invitations. Other Townhall Meetings are planned. When your chapter receives an invitation plan to attend. The Provincial Officers provide updates in their departments. Each officer has produced a short PowerPoint presentation outlining programs and will pass on any changes planned for the coming year. There is always ample time for members to ask questions, voice concerns and advise us on how you would like to see Provincial programs change.



## IODE Ontario Treasurer Rose Stewart

It is time for new faces and there are a few on our executive this year and we are eager to get to know you. It is my pleasure to introduce myself, at the Provincial Annual Meeting in April I was installed as the Provincial Treasurer for 2015-2016.

I aim to carry on where Donna O'Reilly left off with a smooth transition.

I wish to remind you that your chapter's completed Primary Chapter Financial Reports are to be received in the Provincial Office early in the New Year. Figures included in these reports are required input for the Provincial Annual Report. After being audited, the Provincial Financial Reports are forwarded to the National Treasurer who prepares IODE's Charitable Return.

The National Chapter sends out the Primary Chapter Financial Reports; they can also be downloaded from the National website. This is an easy option using the fillable form. **We do require original signatures of the President, Treasurer and the auditor/reviewer on all copies of the reports.** Having a review rather than an audit is acceptable and can speed up the process and reduce costs. If you need assistance please contact me.

The list of Provincial Funds, the Provincial Remittance Form and the Supply Price List/Order Form can be downloaded from the Provincial website, [www.iodeontario.ca](http://www.iodeontario.ca) found under the Members Resources page (this page is password protected with the same password used for the National website **IODEmember**) or call the office for a mailed copy.

I hope that you all had time to relax and enjoy this summer with friends and family. I commit myself to help you in any way I can, over the course of my term in office. Please keep the lines of communication open. I can be reached directly through my email address at:



### IODE Ontario Officers Enjoyed A Fun and Productive Retreat



What happens when seventeen IODE Officers get cloistered at the beautiful, serene surroundings of Mount Mary Immaculate Retreat House in Ancaster for 24 hours August 12th to 13th? A lot of camaraderie, fun, great food and awesome brainstorming sessions pertaining to IODE! Seventeen energized bunnies!



By Helen Danby

Personalize chapter presentations this fall with certificates with your own Chapter's name. The certificate can be downloaded from the IODE Canada's website [www.iode.ca](http://www.iode.ca) found in the Member Resources Section.

The **IODE Gladys Raiter Bursary** for Graduate Study recipient for 2015 is Jessica Dalley. She is currently in her second year of the Master of Arts program specializing in Clinical Psychology: Applied Developmental Emphasis at the University of Guelph. Jessica's Master thesis is an exploratory study regarding children's expectations of doctor visits and whether the doctor addressed their pain and concerns. She intends to pursue her PhD in this area of pediatric psychology. Jessica has been on the Dean's Honour list every semester with a GPA of 89.9. Read more about Jessica on the IODE Ontario website.



The first IODE Gladys Raiter Bursary for Graduate Study was awarded in 1990. Norman Raiter bequeathed money to IODE Ontario in order to establish this Bursary for Graduate Study, in memory of his wife Gladys, a member of the former IODE Queen Anne Chapter of Kitchener. We wish Jessica Dalley every success as she pursues her goals.

Because of your chapter's continued support of the **IODE Lucy Morrison Memorial Fund** for Education, we were able to give out six bursaries in 2014.

- Kelly Stinziano in Graphic Design at Humber College
- Li Fan Ping at the University of Toronto in Management Specialist
- Jaysun Knight studying Human Resources at Durham College

## Membership

by Shirley Ann Elms



As we move from the lazy hazy days of summer to the crisp sounds and scents of autumn, Primary Chapters across the province are meeting with renewed enthusiasm.

Best summer activities, fun adventures and photos of special events are shared around the table. Fresh projects are being considered, and ongoing projects tweaked. While we discuss what we are going to do, let us take a moment to remember our past projects and those who were involved. They were the foundation of what we are today, as we are for future members.

Our organization, as does any, requires ongoing construction to keep it strong and vibrant. We can all contribute by introducing friends, family and those we encounter to IODE and what we do.

Share your IODE stories with family and friends; you will be surprised how easy it is to engage others when you are passionate about what you are doing. Invite a friend to come to a meeting to see the fun we have and to find out about the citizenship, education and service projects your chapter focuses on.

When documenting your Chapter activities with videos, photos or stories, please remember to send us a copy.

We will share your submissions in this newsletter, at Town Hall meetings, on Facebook page and website. I can be contacted by leaving a message at the office or by email: [iodeontario@bellnet.ca](mailto:iodeontario@bellnet.ca)



- Alyssa MacInnis is in Kinesiology and Nursing at Lakehead University
- I can be contacted by leaving a message at the office or by email





## SERVICES

By Virginia Reade

Think "Early Christmas" with Services. It's a big job to buy enough Christmas toys for all the communities we support and parcel them in time to be mailed in November, so we are starting now.

How can you help? By purchasing toys or donating to the "Christmas Toys" Fund. A few toy suggestions are small games (e.g. Etch-A-Sketch), Hot Wheels cars, craft activities, colouring sets and soft cover books. Please send your toys with your Provincial Executive Committee member before our November 13<sup>th</sup> meeting, or call the office to arrange drop off.

Your chapter members may be interested in participating in a 'Packing Day'. Please contact me [iodeontario@bellnet.ca](mailto:iodeontario@bellnet.ca)

or Donna O'Reilly, Assistant Services Officer to discuss when and how packing day runs. Everyone enjoys the experience!

**Services Shopping Tip:** Payless Shoes often have RED TAG specials on children's running shoes for \$9 or \$11. These are very popular

## Citizenship

By Sheila DeJaeger



I hope everyone had a wonderful summer with your families. It is that time of year when we need to be motivated again.

I remind Citizenship Officers to record member's volunteer hours at meetings and report the total on the annual report. IODE Canada reports all volunteer hours to Statistics Canada.

When completing your annual report form, there is often money inserted beside 'Other' at the bottom of the CITIZENSHIP report, it would be informative if you include an explanation on what the money was spent.

Funds received from chapters are used to support the IODE Ontario Police Community Relations Award. Since 1979 the award has been presented annually to a worthy OPP Officer in recognition of their off-duty volunteer activities.

## Northern Ontario Adopted Schools

By Norma Lyttle Chicoine

Since its founding in 1900, IODE's support of education has been a touchstone of its philosophy and philanthropy. Although formed to promote patriotism, IODE accepted and embraced the role as an educational organization.

Empire Day, established in 1897 and celebrated the last school day prior to Victoria Day, was one of the earliest events to receive support in the organization's infancy. Essay contests were sponsored, a variety of resources such as books, records, art reproductions, made available to school libraries and scholarships offered to 'promising' students. Many projects and programs have been created and funded by IODE chapters over its 115 years.

The education of native children, living in remote communities, is necessary in order that their economic situation and quality of life continue to improve. With the Northern Adopted Schools Program, an initiative started in 1923, IODE's commitment to its mission of "enhancing the quality of life of individuals through education support, community service and citizenship programs" is evident. The success of these children in achieving educational goals is in the best interest of the whole Canadian society.

Continued support of Northern Ontario Adopted Schools will bring many rewards in the future. You can contract me directly [iodeontario@bellnet.ca](mailto:iodeontario@bellnet.ca) or leave a message at the Provincial Office.

Your financial support would be appreciated.

I encourage Chapters to recognize a local Police Officer, a Firefighter or a First Responder who has shown remarkable volunteer work in your community.

If you currently support a Service Animal Program, please include the information, value of the contribution and charity number of the organization on your chapter's CITIZENSHIP report, under the comments section. We will compile and report these in the 2015 Provincial Annual Report.

## Communications

By Elanor Brodie



Promote Relevant News Enthusiastically Where Suitable

I am **Elanor Brodie** the new Communications officer for IODE Ontario. I am looking forward to working with all of you to help promote individual chapters and IODE Ontario.

My goal for this year is to grow the media presence of IODE in all forms. I want our name, brand and activities promoted to the general public as much as possible. The goal is to raise awareness to IODE and to recruit new members.

When sending material to the media, please copy me at the IODE communications email:

[iodeontariocommunications@gmail.com](mailto:iodeontariocommunications@gmail.com)

We may post it to our website and Facebook pages.

Are you looking for easy ways for your chapter to promote IODE? Along with Facebook and the website, IODE Ontario has 4 great marketing tools that can assist you in your promotional needs.

Our **NEW IODE BANNER PEN** is available for purchase. It is a perfect item to hand out at chapter events, to potential new members and to organizations we assist. The pen has a banner portion that pulls out with details of IODE programs and projects we support. You can view the pen on the IODE Ontario website and it available for purchase from the office.



Our **NEW IODE FLYER** is available free to all chapters for their use at meetings, events and fundraisers. The flyer has a space at the bottom of the brochure for each chapter to add contact info.

To get flyers for your chapter – you can ask a member of the Provincial Executive Committee from your area to pick them up or they can be shipped plus postage.

The **CALENDAR OF EVENTS** is available on

both the IODE Ontario Facebook Page and the IODE Ontario website. This tool is to help the chapters promote their events. There is an "Upcoming Events Form" that is on the website. Fill it out and send to us, we will add your event or events to the calendar.

Please always make sure to regularly visit our website [www.iodeontario.ca](http://www.iodeontario.ca) and IODE Ontario Facebook pages [www.facebook.com/iodeontario](http://www.facebook.com/iodeontario). Encourage other chapter members,



potential members and friends to visit them as well.

If you need to reach me for any reason, you can use the IODE email mentioned above or call me at the office.

## Did You Know That....

- ◆ **Events** are listed in the Calendar of Events on our website and there is an option to get an email reminding you of events?
- ◆ **IODE Ontario Forms** can be download at the IODE Ontario website [www.iodeontario.ca](http://www.iodeontario.ca) Password **IODEmember**
- ◆ **Townhall Meetings** are a great way to keep up to date with IODE happenings, a good way to become acquainted with Provincial Officers and to have a voice in IODE. Check upcoming Townhall meetings on the Calendar of Events page.

## Celebrating Service Animals

During our 95<sup>th</sup> Provincial Annual Meeting in Ottawa, April 18, 2015, Past Provincial President Karen Barker announced IODE Ontario's program for the next five years, a focus on Service Animals!

IODE Ontario is not setting up a Provincial Fund as we have with past projects. However, we are asking that you forward information that we will compile on how much support is given to these worthwhile causes. If you currently support service animals, please include the information and value of your contribution on your chapter's CITIZENSHIP report. We will compile and report the results in the 2015 Provincial Citizenship Annual Report.

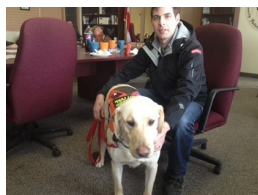
Several chapters already support service animals by donating food, crates; chapter members have fostered dogs, and one chapter purchased computer equipment for administration work. We have a Provincial Executive Member who takes old towels to the Canadian Guide Dogs for the Blind Centre. We encourage you to consider supporting a service animal program in your community. It could be as simple as dog walking or dropping off a bag of pet food.

The following information may be of interest to you and help you decide how you can participate.

### C.A.R.D. (Community Association for Riders with Disabilities)

IODE Toronto has supported C.A.R.D. for over 40 years. Chapters have purchased about twelve horses and provided feed for the horses annually. Using the horse as therapy, C.A.R.D. changes the lives of children and adults with disabilities every day!

C.A.R.D.'s therapeutic horseback riding program benefits riders who seek physical or cognitive therapies, who have a variety of disabilities, including Autism, Down Syndrome, cerebral palsy and multiple sclerosis. The swinging, repetitive motion imparted to the rider through therapeutic horseback riding helps improve balance, coordination, strength and muscle tone, while gently mobilizing the joints. Therapeutic riding also improves sensory processing, focus and concentration, the ability to learn concepts and communication skills. There are other riding programs across Ontario with similar goals and successes.



### Wounded Warriors Canada: Courageous Companions

Through this program, PTSD Elite Service Dogs have been trained and placed with over 100 serving or retired CAF members in need from across the country. The dogs are trained to operate with veterans suffering with Post-Traumatic Stress Disorder and have made an incredible impact in the lives of our service men and women in their struggles with mental health.

### Canadian Service Dog Foundation

Service Dogs are trained to assist individuals suffering from long-term Post Traumatic Stress Disorder (PTSD). There are many reports that Service Dogs speed recovery from PTSD and help reduce reliance on medication.

There is also a program training Certified Service Dogs to assist children with autism. Families have reported that their children blossom into calmer, more communicative kids around highly trained service animals.

Of course, we have been aware for several years of the success of Dogs for the Blind and Dogs

*Continued on page 5*



## IODE Toronto Legacy Fund

By Mary K Anderson

The purpose of this committee is to oversee programs and projects that IODE Toronto members have supported for many years. The committee is comprised of five Toronto IODE members, the Toronto Area Vice-President and the Provincial President. The following are the key programs within the Toronto Legacy Fund:

### The IODE Jean Throop Book Award

Awarded annually to an author and/or illustrator (\$2000)

Quality children's literature appealing to ages 5 yrs.-12yrs.

Selected by a committee comprised of IODE Ontario members

### C.A.R.D. (Community Association for Riders with Disabilities)

Continuing a 40 year association with C.A.R.D.

Provide funds to assist in purchasing of feed for horses

Purchase horses for the program when requested

### Own a Book Share a Book Literacy Program

Established to assist schools in need of additional literacy support

Quality children's literature provided to Kindergarten children and their classrooms or school libraries

### Garfield Weston Foundation Bursary

Funds provided by the Garfield Weston Foundation

Provides monthly support for eligible grade 12 high school students

Selection committee comprised of the Legacy Fund Committee and IODE Ontario members.

### Toronto Transit Commission Support for Students:

Funds provided by the Garfield Weston Foundation

TTC tickets provided, through the school, for students unable to afford TTC tickets to attend school

Requests are overseen by the Legacy Fund Committee

WHAT'S  
YOUR  
STORY



We want to hear about your very successful fundraising event which attracted prospective members. Or any good deeds your chapter has done.

Innovative tips on how to recruit new members to IODE.

Do you have a photo or video worth sharing with IODE members?

Email: [iodeontario@gmail.com](mailto:iodeontario@gmail.com)

### Celebrating Service.....From page 4

for the Deaf programs.

### National Service Dogs

Their Companion Dog Program places dogs with children, adults and seniors with various disabilities. The dogs do not have public access or any specific skills training aside from basic obedience.



The therapeutic value of pets is well documented and many people have experienced decreased stress and anxiety, increased psychological well-being, increased opportunities for exercise and increased opportunities for social interaction.